



# BABYSITTER TRAINING

Ages 11-15 years  
High School Library Door #9  
Wednesday, June 13 8:00 am - 3:30 pm



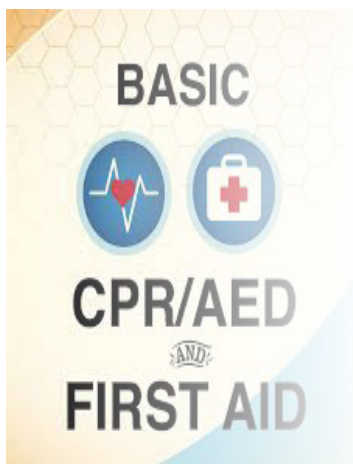
Activity Code RX400.401 \$99R/\$109NR

This course will provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. The class will be fun and move at a fast-paced. It has many hands-on activities, exciting video, role plays, and lively discussions to help students learn child-care, first-aid, leadership, and communication skills such as:

- Supervising children and infants.
- Performing basic child-care skills such as diapering, feeding, and dressing.
- Choosing safe, age-appropriate games and toys.
- Handling bedtime and discipline issues.
- Identifying safety hazards and preventing injuries.
- Caring for common injuries such as burns, cuts, and bee stings.
- Communicating effectively with parents.
- Finding and interviewing for babysitting jobs.
- Students must bring a sack lunch.



**Class size is limited for these two programs**  
**Registration Deadline: May 23, 2018**



## ADULT FIRST AID/CPR/AED

Ages 16 and older (adults)  
High School Library Door #9  
Wednesday, June 13 4:00 pm - 10:00 pm

Activity Code RX404.402 \$99R/\$109NR



**ONLINE REGISTRATION**

The Adult First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies. Included are burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies, respond to breathing and cardiac emergencies for victims about 12 years and older. Successful students will receive a certificate for Adult First Aid/CPR/AED valid for two years.