

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <p><b>American Red Cross MONTH</b></p>	*Denotes Optional Item		<p><b>1</b></p> <p>Shepherd's Pie Wheat Roll Small Side Salad Small Tomato Rice Soup</p>	<p><b>2</b></p> <p>5 piece Sushi (Spicy or Crab) OR Veggie or Tuna Melt Sandwich Side Salad &amp; Small Cream of Mushroom or Tomato Soup</p>	
	<p><b>5</b></p> <p>Baked Chicken Roll &amp; Honey Mashed Potatoes Side Salad OR Small Taco Soup</p>	<p><b>6</b></p> <p>Meatloaf &amp; Gravy Cauliflower Blend with Vegetables OR Side Salad &amp; Small Taco Soup</p>	<p><b>7</b></p> <p>Baked Potato Bar with Toppings Side Salad &amp; Small Oriental Ham with Dumpling Soup</p>	<p><b>8</b></p> <p>Roast Turkey &amp; Gravy on a Bun Sweet Potato Casserole Side Salad OR Small Oriental Ham with Dumpling Soup</p>	<p><b>9</b></p> <p>Grilled Cheese Sandwich OR Grilled Turkey &amp; Cheese Side Salad OR Fruit &amp; Small Cheesy Cauliflower Soup</p>
	<p><b>12</b></p> <p>BBQ Pork on a Bun Broccoli Bake Side Salad OR Small Cheesy Cauliflower Soup</p>	<p><b>13</b></p> <p>Fried Rice &amp; Beef/Vegetable Stir Fry Breadstick Side Salad or Small Chili</p>	<p><b>14</b></p> <p>Ham &amp; Swiss Melt Sandwich Fruit Salad OR Side Salad &amp; Small Chili</p>	<p><b>15</b></p> <p>Mexicali Hash Brown Casserole &amp; Corn Tortilla Side Salad &amp; Small Vegetable Soup</p>	<p><b>16</b></p> <p>Fish on a Bun Tartar Sauce Cole Slaw OR Side Salad Small Vegetable Soup</p>
	<p><b>19</b></p> <p>"Big Daddy" Pizza Assortment Side Salad OR Small Split Pea Soup Fruit Salad</p>	<p><b>20</b></p> <p><b>EARLY RELEASE DAY</b> <b>STAFF DINING CLOSED</b></p>	<p><b>21</b></p> <p>Taco Bar Beef or Chicken Refried Beans Side Salad OR Small Cream of Chicken Soup</p>	<p><b>22</b></p> <p>Buffalo Chicken Wrap Oven Roasted Potatoes Side Salad OR Small Cream of Chicken Soup</p>	<p><b>23</b></p> <p>Tuna Casserole Breadstick Cherry Applesauce Jello Side Salad OR Small Tomato or French Onion Soup</p>
	<p><b>26</b></p> <p>Chicken Tenders Dinner Roll Cheesy Potatoes Side Salad OR Small Soup (Chef's Choice)</p>	<p><b>27</b></p> <p>Boneless Pork Mashed Potatoes Mushroom Gravy Applesauce OR Side Salad OR Small Chicken Noodle Soup</p>	<p><b>28</b></p> <p>Pub Burger OR Turkey Burger on a Bun with Waffle Fries Tomato Slice &amp; Mayo* Side Salad OR Small Chicken Noodle Soup</p>	<p><b>29</b></p> <p>Chicken Chop Suey &amp; Brown Rice French Bread Slice Fruit Salad OR Side Salad Small Mac &amp; Cheese Soup</p>	<p><b>30</b></p> <p>Fish Fry &amp; Potato Pancakes Syrup Cottage Cheese OR Side Salad Small Mac &amp; Cheese Soup</p>

If you would like to purchase food items from the High School menu, please call extension 5135, or email Jean Badura, before 8:30am to place your order.  
Served Daily: Salad Bar and Build a Wrap or Sandwich Bar  
Lunches include your choice of a milk, a water or a coffee.



MIDDLE SCHOOL MONTH



2012 NATIONAL WOMEN'S HISTORY MONTH

WOMEN'S EDUCATION - WOMEN'S EMPOWERMENT