

# SCHOOL DISTRICT OF SOUTH MILWAUKEE NUTRITION SERVICES



## Program Overview

Nutrition Services of South Milwaukee is self-operated and participates in the National School Lunch & Breakfast Programs. We provide quality, nutritious and well-balanced meals for our students. More information about our program can be found on the District's website on the [Students](#) tab.



## My School Bucks

Students are provided a school ID that is used as a debit card for Lunch & Breakfast payments. For easy online deposits, parents/guardians are encouraged to set up an account at [MySchoolBucks.com](http://MySchoolBucks.com). (You will need your student's ID #). See the District website for other features of MySchoolBucks.

**Beginning 2017-2018: NO FEE!! When using MySchoolBucks!!**

Check & cash payments (with a completed deposit slip) may also be sent to school with your student. Envelopes should be clearly marked "Lunch Money". High School & Middle School students can pay the food service cashier directly at the time of service, if they wish.

## Free & Reduced Services

Applications for Free & Reduced Price Meals are included in every registration packet mailed to student homes in August. They are also available in each school office as well as on the District's website. Completed applications can be returned to SDSM Nutrition Services, 901 15<sup>th</sup> Avenue, South Milwaukee 53172 or dropped off at any SDSM school office. Applications are evaluated based on the National School Lunch Program criteria and families are notified, by mail, of benefit eligibility. Only one application per family is necessary. If you receive a **NOTICE OF DIRECT CERTIFICATION** at the beginning of August 2017, no application is required.



## 2017-2018 Lunch & Breakfast Costs:

	Elementary	Middle School	High School
<b>Breakfast</b>	\$1.15	\$1.15	\$1.15
<b>Reduced Breakfast</b>	Free	Free	Free
<b>Lunch</b>	\$2.20	\$2.60	\$2.60
<b>Reduced Lunch</b>	\$.40	\$.40	\$.40
<b>Milk Only</b>	\$.30	\$.30	\$.30

## Lunch

SDSM Nutrition Services provide a variety of healthy choices to students. Menus are planned based on the guidelines prescribed by **The Healthy, Hunger-Free Kids Act of 2010**. Choices include more fruits & vegetables, whole grains, and low sodium/lower saturated fat entrees. Students are required to choose at least 3 of 5 meal components including a fruit or vegetable for the **Meal Deal**. Students that choose to not build a meal based on these guidelines will be charged a la carte prices for their choices.

More information can be found on the SDSM District website.



## Nutrition Services is PAPERLESS

Please find Lunch & Breakfast Menus *and more* on Interactive Menu Boards on the District's Website or at <http://sdsml.nutrislice.com/>.

Download the app and access it anywhere!!



## Breakfast

Breakfast is available to all SDSM students at all of our locations. Breakfast in the Elementary Schools is offered in the classrooms. The Middle School and High Schools serve breakfast in their cafeterias. Students are provided healthy choices and are required to include a fruit/fruit juice or vegetable as 1 of 3 meal components. More information can be found on the SDSM District website.



## Smart Snacks & a la Carte

All of our a la carte items offered to students meet the nutrition standards established by The Smart Snacks in Schools and **The Healthy, Hunger-Free Kids Act of 2010**. A complete list of items offered can be found on the SDSM District website.



## Healthy Classroom Celebrations

SDSM Nutrition Services is happy to provide a special treat to celebrate your student's birthday or other special occasion. Information and order form can be found on the District's Website.



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## Contact info:

For information and help with Meals, Menus, and Nutrition Services product information:

Karen Stichert, RDN, CD  
Nutrition Services Director

414-766-5135 or [kstichert@sdsml.k12.wi.us](mailto:kstichert@sdsml.k12.wi.us)

For information and help with Free & Reduced Priced Services, MySchoolBucks, and lunch account information:

Donna Mildebrandt  
SDSM Nutrition Services Secretary

414-766-5023 or [dmildebrandt@sdsml.k12.wi.us](mailto:dmildebrandt@sdsml.k12.wi.us)

Menus and Nutrition information can be found at <http://sdsml.nutrislice.com/> on the District's website.