

# SCHOOL DISTRICT OF SOUTH MILWAUKEE NUTRITION SERVICES



## Program Overview

The School District of South Milwaukee Nutrition Services are self-operated and participate in the National School Lunch & Breakfast Programs. We provide quality, nutritious and well-balanced meals for our students. More information about our program can be found on the District's website on the Students tab.



## My School Bucks

Students are provided a school ID that is used as a debit card for Lunch & Breakfast payments. For easy online deposits, parents/guardians are encouraged to set up an account at [MySchoolBucks.com](http://MySchoolBucks.com). (You will need your student's ID #). See the District website for other features of MySchoolBucks.

## Free & Reduced Services

Applications for Free & Reduced Price Meals are included in every registration packet mailed to student homes in August. They are also available in each school office as well as on the District's website. Completed applications can be returned to SDSM Nutrition Services, 901 15<sup>th</sup> Avenue, South Milwaukee 53172 or dropped off at any SDSM school office. Applications are evaluated based on the National School Lunch Program criteria and families are notified, by mail, of benefit eligibility. Only one application per family is necessary. If you receive a NOTICE OF DIRECT CERTIFICATION at the beginning of August 2016, no application is required.

Check & cash payments (with a completed deposit slip) may also be sent to school with your student. Envelopes should be clearly marked "Lunch Money". High School & Middle School students can pay the food service cashier directly at the time of service, if they wish.

**There is NO charging of meals.**

## 2016-2017 Lunch & Breakfast Costs:

	Elementary	Middle School	High School
<b>Breakfast</b>	\$1.15	\$1.15	\$1.15
<b>Reduced Breakfast</b>	Free	Free	Free
<b>Lunch</b>	\$2.10	\$2.50	\$2.50
<b>Reduced Lunch</b>	\$.40	\$.40	\$.40
<b>Milk Only</b>	\$.30	\$.30	\$.30

## Nutrition Services is GOING PAPERLESS

Beginning School Year 16-17, Nutrition Services will no longer provide printed menus. Please see our NEW! Interactive Menus on the District's Website or at <http://sdsm.nutrislice.com/>.

Download the app and access it anywhere!!



## Lunch

SDSM Nutrition Services provide a variety of healthy choices to students. Menus are planned based on the guidelines prescribed by **The Healthy, Hunger-Free Kids Act of 2010**. Choices include more fruits & vegetables, whole grains, and low sodium/lower saturated fat entrees. Students are required to choose at least 3 of 5 meal components including a fruit or vegetable for the **Meal Deal**. Students that choose to not build a meal based on these guidelines will be charged a la carte prices for their choices. More information can be found on the SDSM District website.

## Breakfast



Breakfast is available to all SDSM students at all of our locations. Breakfast in the Elementary Schools is offered in the classrooms. The Middle School and High Schools serve breakfast in their cafeterias. Students are provided healthy choices and are required to include a fruit/fruit juice or vegetable as 1 of 3 meal components. More information can be found on the SDSM District website.

## Contact info:

For information and help with Meals, Menus, and Nutrition Services product information:

Karen Stichart, RDN, CD  
Nutrition Services Director  
414-766-5135 or [kstichart@sdsm.k12.wi.us](mailto:kstichart@sdsm.k12.wi.us)

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For information and help with Free & Reduced Priced Services, MySchoolBucks, and lunch account information:

Donna Mildebrandt  
SDSM Nutrition Services Secretary  
414-766-5023 or [dmildebrandt@sdsm.k12.wi.us](mailto:dmildebrandt@sdsm.k12.wi.us)



## Smart Snacks & a la Carte

All of our a la carte items offered to students meet the nutrition standards established by The Smart Snacks in Schools and **The Healthy, Hunger-Free Kids Act of 2010**. A complete list of items offered can be found on the SDSM District website.